

# NATIONAL PARKS

Britain's breathing spaces



## Transport



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Walk				
Bicycle				
Car				
Bus				
Train				
Other?				

Which choice satisfies the needs of the family best? \_\_\_\_\_

Which choice is most sustainable? \_\_\_\_\_

What could the family do to make their weekend more sustainable with regard to transport?

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## Accommodation



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Rent a holiday cottage				
Camp wild on the moor				
Take a caravan to a caravan site				
Bed and Breakfast				
Hotel				
Other?				

Which choice satisfies the needs of the family best? \_\_\_\_\_

Which choice is most sustainable? \_\_\_\_\_

What could the family do to make their weekend more sustainable with regard to accommodation?

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## Food and Drink



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Catch fish and forage for nuts and berries.				
Bring a bag of food from home.				
Buy food in local shops				
Eat in cafes and pubs				
Other?				

Which choice satisfies the needs of the family best? \_\_\_\_\_

Which choice is most sustainable? \_\_\_\_\_

What could the family do to make their weekend more sustainable with regard to food and drink?

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### Recreation

Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Mountain biking or cycling				
Walking				
Sightseeing by car				
Off road driving				
Visit a tourist attraction				
Other?				

Which choice satisfies the needs of the family best? \_\_\_\_\_

Which choice is most sustainable? \_\_\_\_\_

What could the family do to make their weekend more sustainable with regard to recreation?

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