

NATIONAL PARKS

Britain's breathing spaces



Transport



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Walk	Distances restricted, Need to be fit, Carry everything, Not suitable for very old and young. Weather dependant.	Erosion – if use public footpaths that don't have tarmac surface.	Probably need to keep stopping to spend money on food / drink etc. Increase time spent in 1 place	Reduces traffic congestion Less intrusive. Quiet
Bicycle	Need to be fit, Distances limited, Need to carry everything. Not suitable for very old or very young. Weather	No Pollution	Probably need to keep stopping and spending money on food / drink etc.	Reduces traffic, Less intrusive. Quiet
Car	Convenient Freedom to go where you want. Costs for fuel, tax, insurance. Good in poor weather, reliable.	Air pollution, Road congestion,	Sheep deaths 150 year over Blakey Road each year.	Busy roads, traffic congestion, sheep deaths, parking. Income for local petrol stations.
Bus	Cheap. Limited to bus routes and timetables. Need to carry everything.	Less pollution and congestion than car.	Moorbus – runs during weekends and holidays for tourists but good for residents also.	Income and jobs Maintenance of rural service.
Train	Restricted to train routes and timetable, Have to carry everything, Cost.	Less road congestion than car or bus. Less pollution.	Income? Tearooms at stations.	Maintenance of rural services.
Other?				

Which choice satisfies the needs of the family best? _____

Which choice is most sustainable? _____

What could the family do to make their weekend more sustainable with regard to transport?

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Accommodation

Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Rent a holiday cottage	Expensive Need to book ahead, Freedom to come and go.	Little	Income if using local services. Diversification.	Income for cottage owner. Lack of housing for local people.
Camp wild on the moor	Carry everything. Not suitable for very old and young. Weather dependant.	Disturbance to ground nesting birds. Some are legally protected.	Little if in remote places. Illegal without landowners consent.	None, unless buying food in local shops.
Take a caravan to a caravan site	Cheap, convenient, come and go as please. Additional amenities at site e.g. playground.	Some sites well hidden, some spoil the landscape, Use more fuel towing, Add to road congestion.	Income Use local facilities, garages, shops.	Income and jobs, Congestion on roads. Use local facilities.
Bed and Breakfast	Cost May need to book ahead, Good facilities Catering, cleaning.	Little	Income If local shops services, diversification.	Income and jobs.
Hotel	Expensive Luxury, meals cooked. Come and go. Cleaning done.	Little if Hotel already there.	Good if locally owned. And food sourced locally.	Jobs. May use other facilities nearby.
Other?				

Which choice satisfies the needs of the family best? _____

Which choice is most sustainable? _____

What could the family do to make their weekend more sustainable with regard to accommodation?

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Food & Drink



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Catch fish and forage for nuts and berries.	Free but impractical, dangerous, Cost of fishing permit, Fun, seasonal Likely to be hungry!	Depleting natural resources – no good if everyone did it!	Income from permit	OK if stay on PROW and open access land. Can't wander around on private land.
Bring a bag of food from home.	Cheaper, have food everyone likes, convenient.	None unless leave litter.	None.	None.
Buy food in local shops	Try something different/local, expensive, less choice.	None.	Spend money in local shops, keeps local shops going.	Jobs for locals and local producers.
Eat in cafes and pubs	May be expensive, Enjoyable, hard to find? Choice.	None – unless drive to place.	Income, local produce used.	Income and jobs. Use local produce.
Other?				

Which choice satisfies the needs of the family best? _____

Which choice is most sustainable? _____

What could the family do to make their weekend more sustainable with regard to food and drink?

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Recreation



Choices	The Family's Needs (cost, convenience, enjoyment, practicality)	Impact on the Environment	Impact on Local Residents	Impact on the Local Economy
Mountain biking	Need car to transport own bikes, or cost of hire, need to be fit, fun,	Bridleway erosion, footpath erosion if don't know law.	Income from hire charge?	Little impact, conflict with walkers?
Walking	Free lots of way -marked paths, boring for teenagers?	Some footpath erosion, disturbance to wildlife, open access?	None – unless buy maps and guide books locally, picnics.	Little impact unless irresponsible behaviour – disturbance to livestock / crops etc.
Sightseeing by car	Convenient, freedom to go where you want, cost of fuel, parking restrictions and charges.	Air pollution, traffic congestion, parking on roadsides.	Income from petrol sales, sheep deaths, may use local cafes etc.	Congestion, parking, noise.
Off road driving	Cost of fuel Restricted routes Fun	Often substantial erosion of tracks, noise, pollution. Disturbance to ground nesting birds.	Income from fuel if bought locally.	Damage to rights of way, green lanes disturbance, noise.
Visit a tourist attraction	May be expensive, provides local knowledge, good option in poor weather.	Pressure on honeypot sites. Pressure for new developments. Cars in one place.	Income from admission charges and souvenirs etc. Spin off to other facilities in area. Jobs.	Income and jobs for local people.
Other?				

Which choice satisfies the needs of the family best? _____

Which choice is most sustainable? _____

What could the family do to make their weekend more sustainable with regard to recreation?
